# ERASMUS+ SPORT 2023 KICK-OFF MEETING "BIAS"

INTEGRATION AND INCLUSION



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## INTEGRATION AND INCLUSION

ARE TWO DIFFERENT CONCEPTS



#### INTEGRATION REFERS TO:

THE PROCESS OF INCORPORATING DIFFERENT ELEMENTS INTO A COHESIVE WHOLE.



### INTEGRATING CHILDREN WITH BEHAVIOURAL ISSUES INTO SPORTS CAN INVOLVE:

#### -Adapting activities:

slightly **modifying** activities to be accessible and engaging for everyone, taking into account the specific needs of children with behavioural problems.

#### -Providing clear communication and support:

clear instructions and individual support, ensuring that children understand the rules and feel supported in their learning.



## INCLUSION:

INVOLVES **WELCOMING** AND **ACTIVE PARTICIPATION** OF DIVERSE INDIVIDUALS IN AN ENVIRONMENT, ENSURING THAT EVERYONE HAS EQUAL OPPORTUNITIES AND ACCESS.

While integration may be a part of inclusion, the latter is broader and aims to ensure that everybody understands the enrichment of having different participants.



## INCLUDING CHILDREN WITH BEHAVIOURAL ISSUES INTO SPORTS CAN INVOLVE:

-Training and awareness: ensure that coaches and other participants are informed about the specific needs of children with behavioural problems, promoting understanding and empathy.

-Collaborative activities: organize activities that encourage collaboration and mutual understanding among all participants, reducing the risk of isolation.





#### THE GOAL

THE GOAL OF A SPORT THAT WANTS TO BE INCLUSIVE IS TO **CREATE AN ENVIRONMENT** THAT FOSTERS ACTIVE PARTICIPATION AND WELL-BEING FOR EVERYONE, REGARDLESS OF BEHAVIORAL DIFFERENCES.





### THANK YOU